



THE  
LOST SPRING  
WHITIANGA, NEW ZEALAND

April 2018 Edition



Geo-Thermal  
Pools



Cocktails,  
Poolside Dining  
& Restaurant



Day Spa



+ 64 (0)7 866 0456



[www.thelostspring.co.nz](http://www.thelostspring.co.nz)



121A Cook Drive, Whitianga



## Geo-Thermal Pools

*Lose yourself in the mineral-rich, Geo-Thermal waters of The Lost Spring. Rising from 667m below the surface, the water emerges completely sterile – fossilized after 16,000 years below ground.*

### POOL OPENING HOURS

**Sunday - Thursday:** 9:30 am - 7:00 pm  
Last entrance 5.30pm

**Friday - Saturday:** 9:30 am - 9:00 pm  
Last entrance 7.30pm

No Bookings Required

### POOL PRICES

Entrance per person\*

\*Child policy; we welcome supervised children. 14 years or over into our geo-thermal pools.

**\$40**  
1 1/2  
HOURS

**\$80**  
ALL DAY



GEO-THERMAL POOLS



# Restaurant

*Licensed café & restaurant.  
An exquisite range of favourites,  
grazing platters and meals.*

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## OPENING TIMES

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**Sunday - Thursday:** 9:00 am - 7:00 pm  
Last orders at 5:45 pm

**Friday - Saturday:** 9:00 am - 9:00 pm  
Last orders at 7:45 pm

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## MENU

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For our full menu please visit our website:  
[www.thelostspring.co.nz](http://www.thelostspring.co.nz)

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## BOOKINGS

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To reserve a table please call our friendly  
team on + 64 (0)7 866 0456 ext 3



RESTAURANT





## Day Spa

*Let yourself be pampered... to the sound of flowing water and birdsong in luxurious spaces, nestled amongst the treetops.*

From couples massages to spa treatments, a unique pampering experience awaits. Set amongst the tree tops of lush native bush, The Lost Spring Day Spa is a destination for pure relaxation and pampering.

From the moment you arrive to the sight and sound of a flowing waterfall, framed by the classic architecture of the historic building which houses The Lost Spring's reception, changing rooms and restaurant, you'll already start to feel lighter.

From the private deck, you are steps away from the spa lounge, treatment rooms and private massage bures where you'll be whisked away to a place of absolute serenity by the talents of our professional therapists.

With therapeutic Geo-Thermal pools to enjoy before or after your treatment and food and cocktails delivered straight to your side, this is the relaxing escape you deserve.



DAY SPA





## Packages

### POOL COMBO

The Pool Combo gives you the chance to explore our unique Geo-Thermal Pools, a delicious platter and a cocktail either poolside or in our restaurant.

**Package includes:** Geo-Thermal Pool Pass, Tropical Cocktail, Grazing Platter, Robe and Towel Hire.

**90**  
MINUTES

**\$95**

ALL DAY

**\$120**

### TLS SIGNATURE PACKAGE

Soak in the warm waters of our Geothermal Pools, enjoy a 30min treatment\* in our island-style tree-top day spa, plus enjoy a delicious Grazing Platter and Cocktail either poolside or in our restaurant.

\* select from Relaxation Massage, Foot Pamper, Facial or Indian Head Massage.

**90**  
MINUTES

**\$148**

ALL DAY

**\$184**

### DIP & DINE

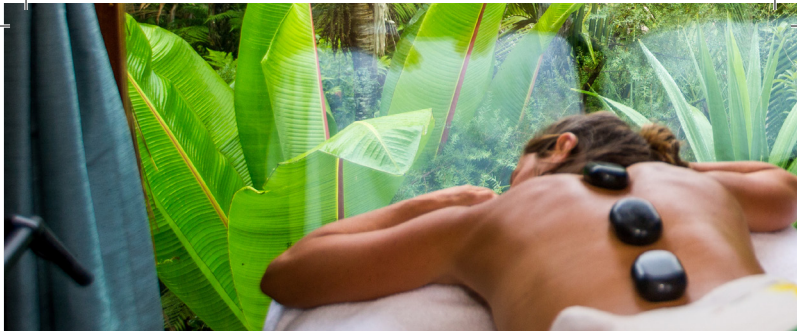
Dip for 90 beautiful minutes in our Geo-Thermal mineral pools and choose from one of our delicious main meals. Dine alfresco or in our historic schoolhouse restaurant.

Bookings recommended.

**90**  
MINUTES

**\$65**





# Massage

## RELAXATION MASSAGE

A relaxing massage using Pure Fiji warm exotic oil, combining Swedish, Lomi Lomi and Balinese techniques to unwind tired muscles and soothe busy minds.

**60**  
MINUTES  
**\$150**

**30**  
MINUTES  
**\$75**



## HOT STONE MASSAGE

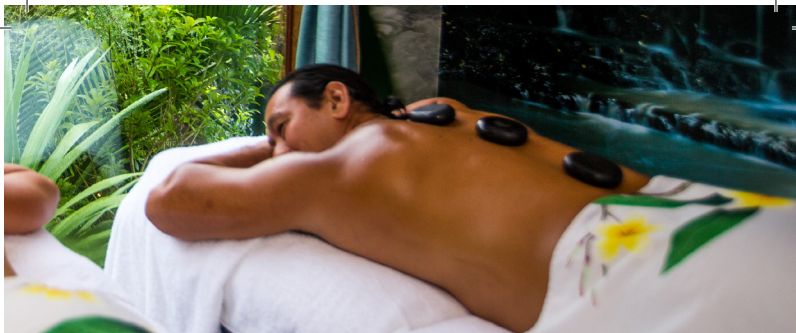
Experience the hot stones as they are used to gently encourage sore muscles to relax and surrender.

The heat from the stones and the warm exotic oil helps to increase circulation and aid lymphatic drainage. The stones are used alongside lomi lomi style massage techniques for a truly wonderful experience.

**60**  
MINUTES  
**\$180**



DAY SPA



### PREGNANCY MASSAGE

A beautiful ritual just for Mums to be; a full body massage to relax and relieve the common discomforts of pregnancy. A specially trained therapist will perform your massage with you lying on your side, so you and baby are comfortable throughout your treatment.

**60**  
MINUTES  
**\$160**



### AROMATHERAPY MASSAGE

Real aromatherapy massage combining the power of pure essential oils with a specialized massage drawn from the tradition of both East and West. This bespoke treatment uses Swedish and Neuromuscular techniques alongside lymphatic drainage to encourage healthy circulation and will leave you relaxed and re-charged.

**60**  
MINUTES  
**\$170**

**30**  
MINUTES  
**\$85**





## Favourites

### DREAMY DELIGHT

Treat your whole body. Begin with a relaxing foot pamper (coconut milk soak, sugar cane exfoliation and hydration lotion) followed by a dreamy back massage using Pure Fiji warm exotic oil and finish with a delightful Express facial.

**90**  
MINUTES  
**\$225**

### SOUTH PACIFIC SERENITY

A truly luxurious pamper treatment. Begin with a luxurious foot pamper (coconut milk soak, sugar cane exfoliation and hydration lotion) follow with a full body massage using Pure Fiji warm exotic oil and complete this serene journey with an express facial.

**2**  
HOURS  
**\$300**

### POHUTUKAWA PLEASURE

A heavenly treatment. Begin with a relaxing foot pamper (coconut milk soak, sugar cane exfoliation and hydration lotion) followed by a full body massage with Pure Fiji warm exotic oil, and completed with a full facial.

**2**  
HOURS  
**30**  
MINUTES  
**\$375**



DAY SPA





### RAINFOREST RETREAT

A divine Pure Fiji warm exotic oil massage to the back of the body to relax the muscles and melt away tension; followed by an express facial to nourish the skin and leave you feeling refreshed and hydrated.

**60**  
MINUTES  
**\$150**

### THE LOST SPRING TWIN JOURNEY

A treatment made for two; begin this treatment with a coconut milk foot soak and sugar cane exfoliation. Then it's through to the twin treatment room for a back scrub and warm exotic oil back massage whilst your feet are smothered in body butter and wrapped in warm booties. To gently conclude, a scalp massage is performed.

**60**  
MINUTES  
**\$160**  
COUPLE  
**\$320**

### PURE DECADENCE

Begin with a relaxing soak in our thermal pools with a glass of bubbles before you embark on your decadent journey to The Day Spa. Begin with a luxurious foot pamper (coconut milk soak, sugar cane exfoliation and hydration lotion) and enjoy a specially prepared platter. Then melt into a full body massage using warm exotic oil and gently conclude with a full facial.

**2**  
HOURS  
**30**  
MINUTES  
&  
ALL DAY  
POOL PASS  
**\$480**  
COUPLE  
**\$960**





## Body Treatments

### SUGAR GLOW

Restore skin for a fresh and healthy glow with a body exfoliation using Pure Fiji sugar cane crystals and nutrient rich exotic Pure Fiji oils. Buff away ageing skin cells, unclog pores and hydrate the skin. Finish with an application of Pure Fiji hydrating lotion.

**60**  
MINUTES  
**\$150**



### DELUXE ISLAND WRAP

Enjoy a gentle dry body exfoliation, followed by a full body massage with Pure Fiji exotic oil to relax tired muscles and unwind busy minds. Hands and feet are nourished with Pure Fiji body butter and wrapped in hot towels, then your whole body is wrapped, warm stones placed on top of your wrap and a scalp massage gently concludes your treatment.

**90**  
MINUTES  
**\$225**



DAY SPA



# Holistic Therapies

## REFLEXOLOGY

This is a natural, safe and gentle holistic therapy that helps restore the body's inner strength. It balances body and mind, restoring health and harmony. There are reflexes in the feet and hands that mirror every gland, organ and part of the body. Gentle massage and pressure point techniques applied to these reflexes work to enhance the body's equilibrium. After a treatment you will become aware of changes taking place as toxins released from congested systems are processed and eliminated.

**60**  
MINUTES  
**\$160**

## INDIAN HEAD MASSAGE

*The perfect add-on treatment*

An ancient massage technique based on the Indian Ayurvedic healing system. It is a safe & simple yet very effective holistic therapy that promotes hair growth and relieves stress related problems such as headaches, eye strain and neck /shoulder pain.

**30**  
MINUTES  
**\$75**





## Facials

### SPA FACIAL

Begin with a gentle skin cleanse and exfoliating scrub to remove impurities and brighten dull lacklustre skin. Next, enjoy a facial massage to relax the mind and improve skin tone, followed by a masque to deliver a powerful hydration boost. A heavenly warm oil scalp massage is performed whilst the masque works its magic and, to complete this ritual - a serum, eye cream and moisturizer is applied to protect delicate skin and promote a glowing complexion.

**60**  
MINUTES  
**\$160**

Osmosis  
YOUR MEDICAL SKINCARE

### MICRODERMABRASION

This is a gentle process to remove aged skin cells from the surface of the skin, cleaning out blocked pores and enhancing skin tone.

#### It is benefited for;

Active Acne ~ Congested skin ~  
Hyperpigmentation Reduction of acne scars~  
Ageing changes ~ Overall skin rejuvenation  
~ Sun damage ~ Fine lines and wrinkles ~  
Extraction of white/black heads ~ Rough or thickened skin ~ Improving blood & lymph flow

**30**  
MINUTES  
**\$125**

dermatech



DAY SPA





## Hands and Feet

### DELUXE MANICURE OR PEDICURE

A luxurious treatment beginning with a coconut milk bath soak and sugar scrub. Cuticle work follows and your nails are clipped and filed. Hard skin is removed (pedicure) and a blissful paraffin wrap is applied. A short massage is next and then your nails are buffed and ready to paint. A choice of gel polish or traditional nail polish is available.

Please note; To maximise your treatment we recommend that a separate booking is made to remove any current gel applications prior to your appointment.

**60**  
MINUTES  
**\$120**

ORLY  
GELFX™

### FOOT PAMPER

*Great add-on treatment*

Begin with a coconut milk bath soak for your tired feet. Then a coconut sugar scrub is used to buff away rough skin on the feet and lower legs. To complete this mini pamper a lower leg and foot massage using Pure Fiji lotion is performed.

**30**  
MINUTES  
**\$75**

DAY SPA





## Cosmetic Treatments

### SPRAY TAN

Vutan is from Australia, and is a blend of Natural ingredients that contain botanical herbal extracts to nourish the skin, and give a natural looking tan. It is available in different colour bases so we can customise the tan to suit you perfectly. All of the solutions dry quickly without any stickiness and will fade evenly. Each solution is available in light, medium and dark.

**20**  
MINUTES  
**\$60**

**VUTAN**  
BY TECHNO TAN

### EYEWORKS PACKAGE

A treatment just for the eyes. An eyelash tint to enhance the lashes along with a brow tint and shape to define the eyebrows.

**45**  
MINUTES  
**\$65**



DAY SPA



## Add-on Treatments

### EXPRESS FACIAL

This add-on includes a cleanse, exfoliation, masque, moisturize and scalp massage. Great for skin needing a quick pick me up or hydration boost.

**30**  
MINUTES  
**\$80**

### HEAVENLY HAIR

Using Pure Fiji warm exotic oil, this is a relaxing scalp massage and hair ritual. Tension and stress will be soothed away with this heavenly treatment. A great add-on to a body treatment.

**30**  
MINUTES  
**\$75**

### MICRODERMABRASION

A great addition to a spa facial. This is a gentle process for the removal of aged skin cells, cleaning out blocked pores and enhancing skin tone.

**15**  
MINUTES  
**\$50**





# Spa Bookings & Spa Etiquette

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## AMENDMENTS & CANCELLATION POLICY

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Should you wish to amend or cancel your appointment, please give at least 24 hours' notice to avoid being charged the full treatments costs for any unused spa time. For groups of 4 or more we would require 48 hours' notice for appointment alterations or cancellations. If less than this notice is given, full payment will be charged to the credit card number supplied.

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## TIMINGS

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We advise that you arrive 15 minutes prior to your appointment time, to fill out a consultation form. Providing your therapist with relevant information about your health and well-being assists them to ensure you receive the best from your chosen treatment.

Robes are provided for complimentary use to all of our day spa guests who have treatments that require them to undress. During your treatment your therapist has your privacy and modesty as their top priority to ensure you are comfortable throughout your treatment.

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## CHILD POLICY

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To ensure a serene and peaceful atmosphere in our day spa, children under 16 are not permitted.







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## PREGNANCY OR MEDICAL CONDITIONS

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If you are pregnant, please let us know at the time of booking, we may request that you consult your doctor or midwife first and we may not be able to perform your first choice of treatment.

Should you have a medical condition such as diabetes or high blood pressure, or if you have been treated for cancer within the last five years, please let us know at time of booking, we may request that you consult your doctor first. Please notify us prior to your treatment should your medical status change.

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## MOBILE PHONES

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Mobile phones must be turned off or onto silent whilst in our day spa. We also ask that you respect other guests' relaxation needs whilst in the day spa and speak softly and in low tones.

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## OTHER

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All of our therapists are fully trained and qualified, but please inform them if you require anything altered; Massage pressure, products or room temperature. If the therapist finds the client's behaviour unacceptable or inappropriate the therapist has every right to stop the treatment at any stage.

*If you wish to use the Thermal pools we are pleased to offer a 10% discount on the price of entry to our Day Spa guests.*





Geo-Thermal Pools



Cocktails, Poolside Dining & Restaurant



Day Spa



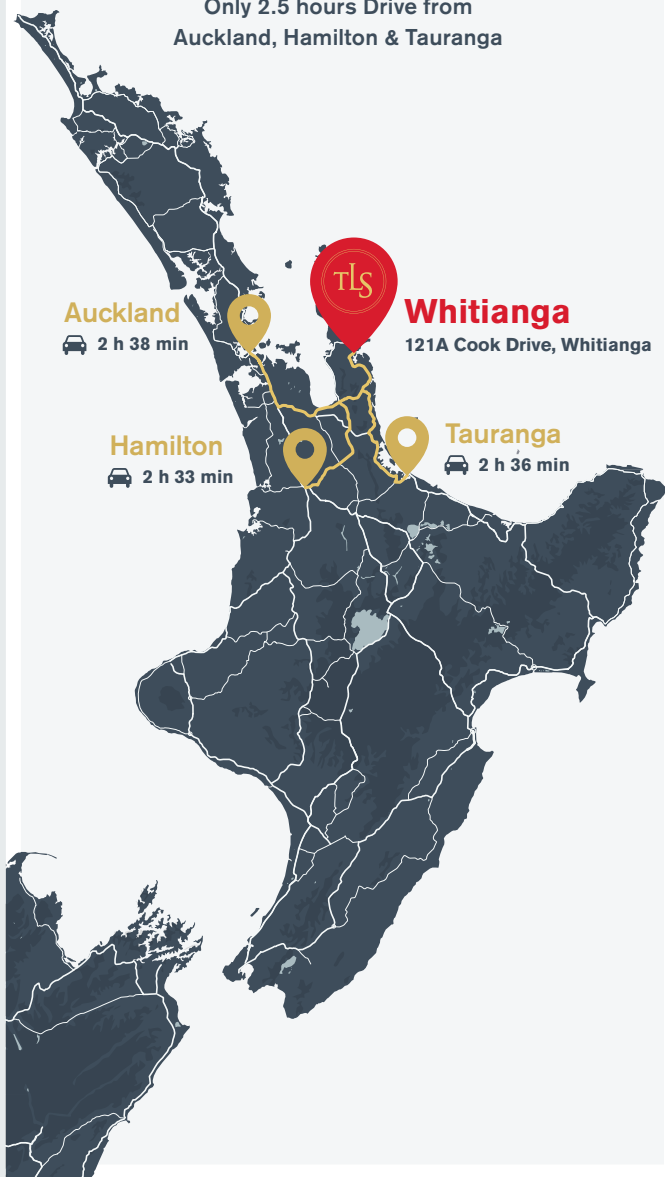
THE  
LOST SPRING  
WHITIANGA, NEW ZEALAND

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WHITIANGA – NEW ZEALAND'S  
THERMAL OCEAN VILLAGE

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Only 2.5 hours Drive from  
Auckland, Hamilton & Tauranga





THE  
LOST SPRING  
WHITIANGA, NEW ZEALAND



*Spoil yourself; you deserve it!*



121A Cook Drive, Whitianga 3510



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